

# 5 JUICY QUESTIONS FOR...

## Kris Fade

34, Multi-award-winning radio personality, host of The Kris Fade Show, singer, and Deputy Programming Head of Virgin Radio Dubai (@krisfade)

# 5

Should women play hard-to-get or is it better when they're just straight-up when they like a guy? Straight-up with no games, always!

—Yi-Hwa Hanna

**1** You've lost around 35kg in the past two years—what inspired this change, and what are your workouts like these days?  
I was just fat and I wanted to lose weight! I was pretty fit when I got to Dubai, but working in breakfast radio with 4:30am starts and being a new dad, it was hard to find time and maintain motivation. Now I don't look at the scale—as long as I feel and look good and I'm eating right, that's what counts. The gym is now my second priority after my kids; I work out for almost two hours a day, six days a week.

**How do you know when you're into a woman?**  
I think you just know! You just want to be with them, talk to them... if you're really into someone, you will always have time for them, no excuses.

# 2

**You're a proud dad—what advice do you give to your two daughters on relationships and men as they are growing up?**  
I teach them that respect is the most important thing: Respect for others and for yourself. It's what dictates the tone for all of your relationships, and how you handle yourself in them.

# 3

**4** How do you balance your fame with your private life, and could it be an issue for a potential partner?  
I do tend to share about 80% of my life with people, but I also still have control over what goes out there—it wouldn't be an issue, because I know some things should remain private. Thankfully, most people are decent about respecting those boundaries.



### Rapid-Fire

- > **Shower song?**  
*I Will Always Love You* by Celine Dion.
- > **Last thing bought?**  
My rent!
- > **Brains or beauty?**  
Brains. Beauty only goes so far...
- > **Bromance crush?**  
My celebrity crush is Dwayne "The Rock" Johnson. And I have solid bromances with Brent Black and Two Tone!
- > **Fave dish to cook?**  
Kousa Mahshi.